

## Youth Programs

### Kids Creative Art Classes

(Instructor: Allison Juliana)

An opportunity for young art enthusiasts to explore a variety of art materials and techniques. Original art work will be created based on photos, still-life and imagination. All supplies are included in the cost of the program. Please wear clothing that is appropriate to get a little messy!

**Thursdays:**

**Grades:** 1-3

**Dates:** September 19 – October 10

**Times:** 6:30 – 7:30 PM

**Location:** Community Room

**Cost:** Res. \$82 / Non. Res. \$88

### Youth Basketball Program

(Boys and Girls Grades 3<sup>rd</sup> – 6<sup>th</sup>)

Camp Hill Recreation will be having a basketball program for 3<sup>rd</sup> – 6<sup>th</sup> grade students. There will be information on our website soon and registration will be online. Practices will start late November and games will start in January and run through most of February.

### 2<sup>nd</sup> – 4<sup>th</sup> Grade Boys and Girls Basketball Clinics

(Coordinators: Alison Goodwin and Dustin Chapman)

This is an instructional group of clinics. Please go to our site and look under Recreation and click on dark green button to register.

**Sundays:**

**Dates:** September 15 – October 27, No clinics on October 13<sup>th</sup>

**Times:** 5 – 6 pm (Both boys and girls)

**Location:** Eisenhower Elementary School

**Cost:** \$35.00

## Adult Classes

### Jacki's Aerobic Dance

This class provides a one hour fun class of well choreographed routines to upbeat music. This dance workout class includes a warm up, abdominal work and vertiform for the hips and thighs. Hand held weights (max. 6 pounds per hand) and ankle weights (2 ½ pounds per leg) are optional. All routines, including the booster, six aerobic dances and cool down can be geared to anyone's fitness level.

**Tuesday:**

Session: Sept 17 - Dec. 12 (28 Classes, no class 10/31 & 11/28)

Time: 6:00 PM to 7:00 PM

Location: Hoover Elementary Multi-Purpose Room

Cost: Res. \$154 / Non-Res. \$164

Drop in rate: \$9 per class

### Zumba Gold®

**Pay as you go!**

(Instructor: Jenn Dusart)

Zumba Gold® uses Latin and international rhythms such as salsa, merengue, cumbia, and many more to create a fun fitness program for the active older adult population or the true beginner (deconditioned participant). It addresses the anatomical, physiological and psychological needs specific to these populations.

**Tuesday and Thursdays:**

**Dates:** August 6 – December 19, No classes 9/26, 10/1, 10/3, 11/5 & 11/28

**Times:** 10 -11 AM

**Location:** Camp Hill Community Room

**Pay as you go:** \$5.00

### **AARP Driver Safety Class**

This AARP Driver Safety Class teaches preventive measures to use when driving that can help save lives. Produced by the American Association of Retirees (AARP) and conducted throughout the country. The curriculum also is designed to remind you of skills and techniques you once learned but perhaps fail to use regularly, and update you on the rules of the road. This class is offered to motorists age 50 and older. There are no driving tests or written tests given. If you do complete this class you will receive a certificate which you can give to your insurance company and receive 5% off your insurance rates.

**Dates:** October 28, 2019

**Time:** 8:30-12:30 PM, Please arrive 15 minutes early for registration.

**What to Bring:** Drivers License and AARP Membership Card

**Location:** Camp Hill Community Room

**Cost:** \$15.00 for AARP Members / \$20.00 for Non-members. **Make checks payable to AARP**

### **Photography Classes for Adults and Teens**

(Instructor: Michael Yatsko)

Do you have a DSLR camera and aren't sure how to use it? Are you still taking photos using only the AUTOMATIC mode? If you answered yes to either of these questions then this is the perfect class for you! Each class will begin with an exploration of a new topic followed by some hands on application of the technique or idea. Weekly assignments will also be given to reinforce what has been learned in class. During this class you will learn about the history of photography and cameras, the science behind how a DSLR camera works, how the masters of photography from the past and present can influence your photography, lenses and how different ones produce different results, the exposure triangle - aperture, shutter speed and ISO, composition techniques, and much, much more. In order to participate you need to have a DSLR or mirrorless camera. If you have any questions send me an email -

[michaelyatsko@hotmail.com](mailto:michaelyatsko@hotmail.com)

#### **Wednesdays:**

Dates: October 2 – November 6 (six weeks)

Grade 9th to Adult

Class Times: 6-7:30 pm

Cost: Res. \$132 / Non. Res. \$142

Location: Cabin

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### **Take Flight: A Drone Class for Beginners**

(Instructor: Michael Yatsko)

Interested in learning about one of the most fascinating and exciting technologies to come around in a long time? Have you thought about buying a drone or maybe you received one as a gift and are not sure how to use it or what it's capable of doing? If you answered yes to either of these questions then join me for a 6 week crash course on all things drones. In this class you will learn about the history of drones, all the different ways they are being put to use in almost every sector of our economy, the different types of drones and which one may be most suitable for you, how to take care and maintain a drone, how drones work, how to safely operate a drone, tips and tricks for taking photos and videos with a drone, and how to prepare and receive your drone pilots license. Each week we will spend the second half of class will be spent flying! In order to participate in the class you DO NOT need a drone. Small drones that are designed to be flown both indoors and outdoors will be provided. The class is for up to 6 students per class, so register early! If you have any questions don't hesitate to ask - [michaelyatsko@hotmail.com](mailto:michaelyatsko@hotmail.com)

#### **Mondays:**

Dates: September 30 – November 11, no class 11/4 (six weeks)

Grades 3rd – 8th, Times 6-7 pm

Grade 9th - Adults, Times 7:30 – 8:30 pm

Cost: Res. \$150 / Non. Res. \$160

Location: Community Room

**Back to School with Essential Oils**

Want to start the school year off supporting your kids naturally? Get geared up and ready for school with borough resident and educator Sarah Dressler, as she shares her favorite back to school essential oil recipes, blends and DIYs. This class is FREE and open to the public; seating is limited to 15, so be sure to reserve your seat today!

**Dates:** September 12, 2019

**Time:** 6:30-7:30 pm

**Location:** Camp Hill Community Room

**Fall Succulent Diffusers**

Have you seen the cute succulents and want to learn how to make your own just in time for fall? Join borough resident, Sarah Dressler, as she shares simple ways to make succulent diffusers for your home. Participants will create their own succulent diffuser to take home. The class space is limited to 15 spaces, and cost is \$20 each for materials. Pay at class.

**Dates:** October 10, 2019

**Time:** 6:30-7:30 pm

**Location:** Camp Hill Community Room