

Youth Programs

Kids 3D Art

(Instructor: Alison Juliana)

Design, create and build works of art in a 3-Dimensional space. Learn different techniques with a wide variety of art materials and objects. Explore the use of different forms, structures and surface. Original art work will be created to take home upon completion. All supplies are included in the cost of the program. Please wear clothing that is appropriate to get a little messy!

Tuesday:

Grades: 3 - 6

Dates: September 12 – October 3

Times: 6:30 – 7:30 PM

Location: Cabin in Siebert Park

Cost: Res. \$82 / Non. Res. \$88

Acting Up for 3rd – 5th Graders

(Instructor: Joan Benson)

Acting Up is a fun-filled class with lots of costumes, props, music. We will be acting out skits, little plays and musical numbers. This is a high-energy, creative class which will teach the basics of theatre. The last class will be a show for parents, relatives and friends. A snack and drink will be provided each week. Any questions feel free to call Joan Benson at 903-3650.

Wednesday:

Grades: 1 - 3

Dates: September 14 – November 16

Times: 3:15 – 4:30PM

Location: Camp Hill Borough Building

Cost: Res. \$110 / Non. Res. \$120

Youth Basketball Program

(Boys and Girls Grades 3rd – 6th)

Camp Hill Recreation will be having a basketball program for 3rd – 6th grade students. There will be information on our website soon and registration will be online. Practices will start late November and games will start in January and run through most of February.

2nd – 4th Grade Boys and Girls Basketball Clinics

(Coordinators: Alison Goodwin and Dustin Chapman)

Camp Hill Recreation will be offering 2nd – 4th grade clinics to all who are interested. This is an instructional group of clinics. Please go to our site and look under Recreation and click on dark green button to register.

Sundays:

Dates: September 17 – October 29, No clinics on October 8th

Times: 5 – 6 pm (Both boys and girls)

Location: Eisenhower Elementary School

\$35.00

Adult Classes

Winter Wellness with Essential Oils

Curious about great winter wellness routines? Want to keep your family above the wellness line naturally? Join borough resident, Sarah Dressler, as she shares some simple, easy to implement natural routines for your whole family's winter wellness! This class is FREE open to the public, and seating is limited to 15, so reserve your seat today! Call the Recreation Office 737-4548.

Date: October 26th

Time: 6:30-7:30pm

Location: Community Room

Jacki's Aerobic Dance

This class provides a one hour fun class of well-choreographed routines to upbeat music. This dance workout class includes a warm up, abdominal work and vertiform for the hips and thighs. Hand held weights (max. 6 pounds per hand) and ankle weights (2 ½ pounds per leg) are optional. All routines, including the booster, six aerobic dances and cool down can be geared to anyone's fitness level.

Tuesday:

Session: Sept 12 - Dec. 14 (28 Classes, no class 11/23)

Time: 6:00 PM to 7:00 PM

Location: Hoover Elementary Multi-Purpose Room

Cost: Res. \$154 / Non-Res. \$164

Drop in rate: \$9 per class

Co-Ed Volleyball

(Coordinator: Richard Sandusky)

Come and join in on the fun and exercise of recreational volleyball. Teams are picked each night to mix and match talent and encourage socialization. This program is open to adults over 18 yrs. old. We must have a minimum number of paid in full players to have the program available for drop in players.

Wednesday:

Dates: September 13– November 15, 11/29, 12/6, 12/13, 12/20

Time: 8-10 PM

Location: Camp Hill High School Gym

Pay as you go: Res.\$3 / Non-Res. \$4

Zumba Gold®

Pay as you go!

(Instructor: Jenn Dusart)

This has been such a hit this summer we will be continuing it this fall! These are pay as you go classes.

Zumba Gold® uses Latin and international rhythms such as salsa, merengue, cumbia, and many more to create a fun fitness program for the active older adult population or the true beginner (deconditioned participant). It addresses the anatomical, physiological and psychological needs specific to these populations.

Tuesday and Thursdays:

Dates: September 5 – December 14th, No Class 11/7, 11/21 & 11/23

Times: 10 -11 AM

Location: Camp Hill Community Room

Pay as you go: \$5.00

AARP Driver Safety Class

This AARP Driver Safety Class teaches preventive measures to use when driving that can help save lives. Produced by the American Association of Retired Persons (AARP) and conducted throughout the country in two half-day sessions. The total of eight hours of instruction helps refine existing skills and develop safe, defensive driving techniques. The curriculum also is designed to remind you of skills and techniques you once learned but perhaps fail to use regularly, and update you on the rules of the road. This class is offered to motorists age 50 and older. There are no driving tests or written tests given. If you do complete this class you will receive a certificate which you can give to your insurance company and receive 5% off your insurance rates.

Dates: September 20, 2017

Time: 8:30-12:30 PM, Please arrive 15 minutes early for registration.

What to Bring: Drivers License and AARP Membership Card

Location: Prosser Hall at the Camp Hill Borough Building

Cost: \$15.00 for AARP Members / \$20.00 for Non-members. **Make checks payable to AARP**